

# MEMBERSHIP DISCOUNTS

GET ACCESS TO NEARLY 8,000 FITNESS LOCATIONS



## ENROLL NOW TO START YOUR FITNESS PROGRAM

Whether you want to lose weight and maximize your energy, or manage stress and improve your mood, here's a great, low-cost way to meet your goals. Healthways™ Fitness Your Way allows you to join a network of fitness facilities for a discounted rate, so you can work out anywhere when it's convenient for you – at a cost that doesn't stretch your budget.

## HOW TO ENROLL

Login to [highmarkblueshield.com](https://highmarkblueshield.com)  
(or register for access by following the instructions).

**Select "Your Coverage."**

**Select "Member Discounts."**

**Select "Healthy Choices" and accept the conditions.**

**Select Healthways Fitness Your Way.**

**Print your temporary membership card.**

**Watch for your permanent card in the mail.**

**Present your card at the facility you choose.**

You will be billed a \$25 membership set up fee and a \$25 monthly membership fee thereafter. If you prefer, you can call 1-888-242-2060 to enroll. For member web support, please call 1-877-298-3918. The fitness center discount is separate and distinct from your health benefits plan.

## HOW IT WORKS

Healthways Fitness Your Way gives you access to nearly 8,000 fitness locations, including select national chains. As a Healthways Fitness Your Way member, you can visit any participating fitness location – anytime, anywhere – as often as you like.

Pay only \$25 a month and make a three-month commitment. Do it all online. Then put your fitness plan into action.

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