Healthy U Wellness Program – Am I complete? How will I know if I am eligible for the lower premiums?

Have you and your covered spouse/domestic partner completed the Wellness Profile?

Have you and your covered spouse/domestic partner received a confirmation email?

Does your homepage indicate that you have redeemed your reward?

Is your point balance showing "0" points, and are your activities marked completed?

Both the employee and covered spouse/domestic partner need to earn 70 points. Participants can earn a **MAXIMUM of 70** points, so earned values may be less than the stated amount. *For example*, if the participant has 65 points, and completes a 20 point activity, they will only be awarded 5 points for that activity.

Even if participants have earned 70 points, the program requirements are **not met** until the Wellness Profile is completed. The Wellness Profile is a **required annual activity** in the Healthy U program.

After the participant has satisfied all program requirements (completed the Wellness Profile and earned 70 Healthy U points), the participant will receive a confirmation email congratulating them on completing the Healthy U program. Remember, if an employee covers a spouse or domestic partner on the health plan, both individuals (the employee and the spouse/partner) must complete the Healthy U requirements in order for the employee to receive the reward of lower healthcare rates.

If not, the requirements of the Healthy U program have not been met. See screenshot below for example of a completed Rewards program.

The Healthy U program has a maximum of 70 points. Once 70 points have been earned, the points will reset to 0 and no additional points can be earned. However, participants can continue to complete wellness activities.

**HAVE QUESTIONS? NEED ASSISTANCE?**

Contact Highmark Member Services at 1-888-745-3212